

# The Write Up

IA news & updates



Androscoggin Bank presents

## RUN FOR INDEPENDENCE

SATURDAY | MAY 11, 2024  
BRUNSWICK REC CENTER | FIRST RACE AT 10AM

run for independence  
5K + 1 Mile + Kids' Fun Run



### Save the Date Run for Independence

On Saturday, May 11th, Independence Association is hosting its 12th Annual *Run for Independence*, presented by Androscoggin Bank.

The *Run for Independence* supports health and wellness programs at IA, including weekly fitness classes, dance programs, hiking trips, athletic competitions, and much more.

The event will be held at the Brunswick Rec Center (220 Neptune Drive) and will begin at 10am. Races this year include a 5K,



## Combined

Meetinghouse Arts & Spindleworks Artists

MARCH 15-APRIL 14  
HOURS Tues-Sat 10-5 Sun 12-4  
Opening Reception March 15 from 5-7PM

MEETINGHOUSE ARTS GALLERY  
40 MAIN ST  
FREEPORT, ME  
WWW.MEETINGHOUSEARTS.ORG



### Spindleworks at Meetinghouse Arts Combined opening March 15

Meetinghouse Arts in Freeport is thrilled to collaborate for a second year with Spindleworks Art Center on this group show, *Combined*.

*Combined* will feature the work from 20 Spindleworks artists and 20 Meetinghouse Arts Gallery member artists. The work will include painting, pastel, photography, collage, glass work, ceramics, encaustic, fiber arts and sculpture.

The opening reception, which is free and open to the public, is Friday March 15th, 5-7:00pm with an open

1 Mile, and Kids' Fun Run. The *Run for Independence* continues to be the most inclusive run in the state of Maine.

To sign up, visit our [RunSignUp](#) page.

If your business is interested in sponsoring the *Run for Independence*, please contact Hilary Hendricks, Director of Philanthropy, at [hhendricks@iaofmaine.org](mailto:hhendricks@iaofmaine.org).



### **Creating Community Relationships** Partnering with MCHPP

Through our Community Vision Program, IA and Mid Coast Hunger Prevention Program are joining together to provide meals for community members. From 10:30a to 12:30p on Thursdays, IA will offer bagged lunches to those in need at 3 Industrial Parkway in Brunswick.

mic session on stage for those who would like to participate by sharing a song, poem, dance, or music. Light refreshments will be served.

The show will be at Meetinghouse Arts in Freeport through April 14th.

Meetinghouse Arts  
40 Main Street  
Freeport, ME



### **New Windows at Spring Street Residential Group Home**

Three residents of our Spring Street Group Home stand outside new windows installed in February.

Thanks to the generous gifts from Bath Savings Bank, Portland Trust Company, and Norway Savings Bank combined with a grant from the Doree Taylor Charitable Foundation, Independence Association was able to replace 22 inefficient windows; lowering the costs for heating and cooling year

This is not only an opportunity to further build upon the diversity of MCHPP, but it is also a way to support people with disabilities in making a meaningful contribution to our community. We look forward to the relationships and connections we anticipate arising from this partnership.

round.

100% of donations received are invested in our programs and the people we serve. Without generous community support, our programs would not be possible.



### **In case you missed it...**

In February, it was announced that Spindleworks artist Anna McDougal will be inducted into the Maine Sports Hall of Fame in September. Anna will become the first Special Olympian honored at the Hall. Congratulations, Anna!

Spindleworks Gardiner is up and running at 221 Water Street. After some setbacks from flooding in December and January, Spindleworks Gardiner is thriving in its new location. Visit the [Spindleworks](#) Facebook page or stop by to keep updated on the magic that is being created in the studio.

On February 29th, the Special Olympics Maine 2024 Winter Games were held at Lost Valley Ski Resort in Auburn. Eight athletes representing Independence Association and Spindleworks competed in the games in downhill skiing and snowshoeing.

Join us on Saturday, May 16th for the [Special Olympics Basketball Tournament](#). The event is held at the Gorham campus of the University of Southern Maine, starting at



9am.

Congratulations to Executive Director, Ray Nagel, and board member, Evan Gleason. Both were selected by the [Bath-Brunswick Regional Chamber](#) as 2024 Award Winners. Ray received the prestigious Joshua L. Chamberlain award and Evan took home the 2024 Volunteer of the Year award.

Donate Today

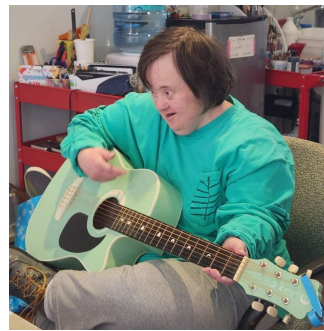
## Give the Gift of Independence

### How Your Gift Will Benefit Independence Association:

Your gift today helps provide top quality services personalized to meet the needs of even those most challenged by their disabilities.

The majority of Independence Association's funding comes from government sources, with philanthropic support filling in the gap between the level of funding that service payors offer and the quality of service that Independence Association is committed to provide. As the costs of providing supports increases, we have seen that gap widen. Your donation will directly support our programs.

Donate Today



Independence Association |  
[\[IndependenceAssociation.org\]](https://IndependenceAssociation.org)

Spindleworks |  
[\[Spindleworks.IndependenceAssociation.org\]](https://Spindleworks.IndependenceAssociation.org)





United Way of  
Mid Coast Maine

Independence Association | 3 Industrial Parkway, Suite 1, Brunswick, ME 04011

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